



Figure 1:

Examples of evidence-based interventions for women's, children's and adolescents' health*

*See Annexes 2-4 for a more detailed list of essential interventions throughout the life course as supported by current evidence. The provision of all interventions depends on the country context, including health needs, supply of related goods and commodities and legal considerations.

LIFE COURSE

Women's health



Pregnancy, childbirth and postnatal care



Child health an d development



Adolescent health and development



INTERVENTION PACKAGES

- sexual and reproductive health information and services:
- nutrition:
- management of communicable and noncommunicable diseases
- screening and management of cevical and breast cancer
- gender-based violence prevention ad response;
- pre-pregnancy risk detection ad manaaement
- antenatal care,
- childbirth care;
- safe abortion and post-abortion
- prevention of mother-to-child transmission of HV;
- management of maternal and newborn complications
- postnatal care for mother and baby
- extra care for small and sick babies

breastfeeding

- infant and young child feeding
- responsive caregivingard stimulation;
- immunization;
- prevention and management of childhood illness and malnutrition:
- treatment and rehabilitation of congenital abnamalities and disabilities

health education;

- supportive parenting
- nutrition;
- immunization;
- psychosocial support;
- prevention of injuries, violence, harmful practices and substane
- sexual and reproductive health information and services:
- management of communicable and non-communicable disease

ENABLING ENVIRONMENT

HEALTH SYSTEM ENABLERS

- policies for universd health coverage sufficient and sustainable financina:
- health workforæ supported to provide good-quality care everywhere;
- commodity supply;
- health facility infrastructure; community engagement
- mainstreaming emergency preparedness
- human rights; equity-and gender based approaches in programming;
- accountability at al levels

MULTISECTOR ENABLERS

- policies and interventions in key sectors: finance and social protection;
- education:
- gender;
- protection registration, law and justice; water and sanitation;
- agriculture and nutrition:
- environment and eneray:
- labour and trade:
- infrastructure, including facilities and roads:
- information and communication technologies;
- and transport